

Avital Kaye-Tzadok, PhD, is Head of the Master's Program in Social Work at Ruppin Academic Center, Israel. A social worker, lecturer, and certified supervisor, she brings two decades of experience working with traumatized populations, particularly adolescent girls and young at-risk women. Her practice focused on transforming personal trauma into mentorship and leadership skills. Her doctoral research explored resilience and posttraumatic growth among adult survivors of childhood sexual abuse. As a postdoctoral fellow at the Hebrew University of Jerusalem, she contributed to international research on children's subjective well-being across 16 countries. For over 14 years, she has taught courses on trauma, resilience, social work methods, group facilitation, and working with people living in poverty. Her publications span topics such as childhood trauma, resilience, posttraumatic growth and trauma informed practice.